



milton keynes
WINTER HALF MARATHON

Race Briefing

Please read below for all the important information for the event

1. If you are living in a [Tier 3](#) location do get in touch because unfortunately [you will not be able to run this year.](#)
2. [Please be Covid aware](#) and maintain social distancing wherever possible.
3. Due to Covid-19 and wanting to reduce congestion at the start and end of each race there will be [no bag drop](#) this year.
4. This is a UKA affiliated event. There will be:
 - [No running with dogs or prams](#)
 - [No littering](#)
 - [No headphones](#) – (Bone conduction are allowed)
 - [Failure to follow these rules may result in disqualification.](#)
5. There will be [no on the day registration](#)
6. If your race pack does not arrive before the event, you can [collect a new one](#) from the registration tent – but [only if you're running on that day](#). For example, if you're running on Sunday you cannot collect a race pack on Saturday.
7. Green bibs are for [Saturday runners](#) and Blue bibs are for [Sunday runners](#). If you arrive to the event wearing the wrong bib you will be sent away. This includes those who have entered both days. Make sure you wear the correct bib.
8. You will [not be able to change waves](#). We will have someone at the holding pen making sure you are all running in the correct waves. If you turn up to an early wave you will be sent away. Your wave time is on the [bottom right of your race bib](#).
9. [No cups or sweets provided](#) at the 6-mile refill station or finish line. [You will need to provide your own](#) (so carry bottles with you if you need them). There will also be a toilet at the 6-mile point.
10. On the [bottom left of your bib will be your t-shirt size](#). This is the size you will receive on the day. If you'd like to swap t-shirt sizes, please email in after the event and we can see what we can do. If you have no t-shirt size on your bib you can choose one on the day.
11. The [course will be signed](#) and checked before and on the morning of the event. There will also be marshals on route to help direct you.
 - You will be following either [black on yellow](#) neon signs or [bespoke Winter Half signage](#).
 - There will be [signs at each mile](#).
12. When you're out running – please [be mindful of others](#) and [give others a wide berth](#) when overtaking.
13. [Be aware of your personal hygiene](#) when around the course and at the event venue. If you need to cough/spit/clear your nose please do so away from others.

14. There will be [no parking in the unify car park](#) this year. Please use the car parks as suggested in the Athlete Information Pack.
15. Amongst all the medals we have [3 with gold Santa hats](#). If you receive one of these, you will get [free entry](#) into next year's event. We will hand out 3 gold Santa medals each day

Last minute briefings will be given on the day should anything change between now and then. We hope you're all just as excited as we are!